Renee Maia Thompson

Occupational Therapist · Adult Rehabilitation

occupational-therapist@example.test · Wellington, New Zealand

Rehabilitation milestones

38 home assessments — Completed with discharge teams over twelve months.

9 to 4 days — Median interval from equipment referral to confirmed home readiness.

Summary

Occupational therapist working with adults after injury or illness to rebuild independence in everyday activities. Assesses tasks and home environments, sets goals with patients and families and coordinates equipment and discharge planning with the ward team.

Experience

Occupational Therapist, Adult Rehabilitation
Pohutukawa Reach Rehabilitation Service | 2022-02 – Present

- Assess how people manage dressing, meal preparation and transfers after illness or injury. Agree realistic activity goals and review progress with the person and ward team at case meetings.
- Completed 38 home assessments over twelve months. Summarised entry access, room layout and carer support, then confirmed who would arrange changes before discharge.
- Worked with the equipment coordinator to track responsibility and delivery dates in one register. In two comparable 25-referral samples, the median interval from referral to confirmed home readiness fell from 9 to 4 days.
- Teach patients and carers how to use equipment in the activities they need to do at home. Record what they demonstrated and refer mobility issues to physiotherapy for additional assessment.

Occupational Therapist, Community Reablement
Silver Flax Community Health | 2019-01 – 2022-01

- Planned six-week reablement programmes around the routines each person valued. Reviewed outcomes midway and explained options if the person needed a longer intervention.
- With the equipment lead, trialled alternative seating and kitchen aids during 16 visits. Documented the effect on the agreed activity and removed items that did not help.
- Coached rehabilitation assistants on recording activity tolerance and task completion. Reviewed their notes before changing the treatment plan.

Education

Bachelor of Occupational Therapy
Harbour Fern Institute of Health Studies | 2018

Skills

Activity assessment · Home accessibility · Equipment trials · Functional goal setting · Carer education · Discharge planning

Languages

English · Te reo Māori