Nadia Mariam Pereira

Registered Nurse · Adult Medical Ward

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Abu Dhabi, United Arab Emirates

Ward care evidence

28-bed ward — Adult medical service with planned and unscheduled admissions.

31% to 9% — Missing discharge teach-back records in a 74-chart ward audit.

Six new nurses — Completed observed orientation checkpoints with the ward educator.

Summary

Adult medical ward nurse with experience coordinating admissions, inpatient care and discharge on day and night shifts. Works with physicians, pharmacy and discharge coordinators to resolve incomplete instructions before handoff. Supports new nurses in documentation and escalation through supervised practice and case review.

Experience

Registered Nurse, Adult Medicine

Rimal Gate Community Hospital | 2021-09 – Present

- Prioritised bedside assessments and handoffs from the emergency department. Raised changes through the ward escalation pathway and recorded the response so the next shift could track unresolved concerns.
- Coordinated discharge teaching with pharmacy and families, arranging interpretation when needed. Helped the ward check whether patients could explain their medicines and follow-up plan in their own words.
- Co-designed an electronic discharge prompt with the ward educator. Missing teach-back records fell from 31% to 9% in a 74-chart comparison across two audit periods.
- Precepted six nurses through observed medication checks, patient transfer and documentation. Recorded the tasks each nurse could perform independently and referred further practice to the educator.

Staff Nurse, General Medicine

Hawthorn Coast Hospital | 2018-07 – 2021-08

- Prepared inpatient transfers with current observations, mobility needs and outstanding tests. Confirmed acceptance with the receiving team and updated the patient and family before transfer.
- Helped review 23 missed follow-up appointments. Flagged telephone and interpretation barriers and added a confirmation step to the ward's discharge checklist.
- Served as evening equipment check lead, reconciling missing items against the shift log and sending maintenance requests for equipment removed from service.

Education

Bachelor of Science in Nursing

Coralbank College of Health Sciences | 2018

Skills

Adult inpatient care · Clinical handoff · Discharge teaching · Patient documentation · Preceptorship · Ward audit

Certifications

Adult Basic Life Support Refresher

Rimal Gate Clinical Education | 2025

Languages

English · Malayalam